

Please review this information thoroughly as it contains very important details regarding your surgery.

To help us better serve you, it is very important that all appointments are kept. If you experience a scheduling conflict, please notify us immediately, or your surgery may be canceled or postponed to a later date.

Surgery schedule

The time of your surgery may change at the last minute due to emergencies or other unforeseen circumstances. We will notify you if your scheduled time changes. If you arrive late, it may interfere with other scheduled surgeries and could make it necessary to reschedule your surgery.

Contact us

Novant Health Surgical Associates

Bolivia

584 Hospital Drive, Suite A, Bolivia, NC 28422
Located next to Novant Health Brunswick Medical Center

Carolina Shores

75 Emerson Bay Road SW, Suite 102
Carolina Shores, NC 28467
Located in Novant Health South Brunswick Medical Plaza

Leland

509 Olde Waterford Way, Suite 204, Leland, NC 28451
Located in Waterford Medical Plaza

Southport

1456 Howe St., Suite 201, Southport, NC 28467
Located within the Novant Health Oceanside
Family Medicine office

910-721-4000 • nhsurgicalassociates.org

For life-threatening emergencies, dial **911**.

Novant Health Brunswick Medical Center
240 Hospital Drive NE, Bolivia, NC 28422

910-721-1000 • NovantHealth.org/brunswick    



Pre-surgery guide

Novant Health
Surgical Associates

Making healthcare remarkable

© Novant Health, Inc. 2017
4/17 • NHMG-174815a

 **NOVANT**
HEALTH

General patient instructions before your surgery

Prior to your surgery, a representative from the pre-admission testing department will call you to complete a health history assessment. Depending on your history, you may need to attend a pre-surgery appointment at Novant Health Brunswick Medical Center. During this appointment, you will be able to complete your registration for surgery, interview with a nurse and have the opportunity to meet with a member of our anesthesia team. Your doctor may have ordered certain tests which could take place during this pre-surgery appointment. Please bring your insurance information, a picture ID and your medications with dosage information. This appointment generally takes one hour.

If you are not contacted by the pre-admission testing department before surgery, or have any questions, please call 910-721-1330 or 910-721-1350.

Pre-surgery appointment date:

Pre-surgery appointment time:

Location:

Your surgery details

Date surgery scheduled:

Time surgery scheduled:

Arrival time to Novant Health Brunswick Medical Center:

Doctor:

The night before your surgery

Food guidelines: Unless instructed otherwise, do not eat or drink anything — including water, gum or mints — after midnight. If your stomach is not empty, your surgery may be delayed or canceled.

Medications: Follow the instructions provided to you during your pre-surgery appointment regarding taking any medicines on the day of your surgery. If you are taking any blood pressure medications, Coumadin or other anticoagulants, let your doctor know and instructions will be provided. Stop taking diet pills, such as phentermine, two weeks prior to your procedure. Stop taking aspirin, fish oil and vitamin E five days prior to your procedure.

Hygiene: We ask all patients who are having a surgery to shower with an antibacterial soap, such as Dial, prior to arrival. Wash the surgery site an extra three minutes. You may use regular shampoo and soap for your hair and face. To maintain the antiseptic protection of this soap, please wear clean clothes to the hospital.

Transportation and care at home: Unless you are being admitted, please arrange for a responsible adult (18 years old or older) to drive you home the day of your surgery. Depending on the type of surgery you are having, you may wish to arrange for someone to stay with you for the first 24 hours you are home.

The day of your surgery

Please be sure to wear comfortable, loose-fitting clothing. Do not wear any jewelry — including all body piercings — and leave your jewelry and other valuables at home.

Please bring the following items with you on the day of your surgery:

- Insurance card
- Photo ID

Post-surgery appointment at Novant Health Surgical Associates

Attending your post-surgery appointment is necessary to ensure proper care, and is an important step in the recovery process.

Date:

Time:

Bolivia

Leland

Carolina Shores

Southport

If you need to reschedule your post-surgery appointment, please call 910-721-4000.

Notes

.....

.....

.....

.....

.....

.....

.....

.....

.....

Please direct all questions or concerns about your medical care to your doctor's nurse. For appointment and scheduling questions, call our office at **910-721-4000**.